







# CCAoNH Mini-Conference Descriptions 2023-2024

Child Care Aware of NH, a program of Southern NH Services, is pleased introduce an exciting opportunity for child care programs in NH. CCAoNH are now offering exclusive, on-site professional development mini-conferences for your programs. Select up to four (4) engaging topics from our curated list below and immerse yourself in these dynamic and interactive, inperson workshops right at your program's doorstep. Best of all, these mini-conferences are FREE!



To learn more about this opportunity and schedule a mini-conference at your site, reach out to Program Manager, Dee Dee Thurber, at DThurber@snhs.org.



#### **INFANT TODDLER TIPS AND TRICKS**

This training will explore tips and tricks for teachers to reference to be able to self-regulate (keeping calm) while working in an infant/toddler classroom. It will also explore some helpful tips for infant and toddler teachers to use with the children in their care to help them self-regulate.

**CKA'S: 1, 4** 

### CREATIVE PLAY: UNLEASHING IMAGINATION WITH LOOSE PARTS

Let's delve into the world of loose parts! Discover how loose parts, such as natural materials, recycled objects, and open-ended materials, can be used to foster curiosity, collaboration, critical thinking, and sensory exploration. Learn how exploring with loose parts promotes children's creativity, problem-solving, and imaginative play. Explore how to set up inviting loose parts play areas in the classroom and outdoors, while addressing safety considerations.







During this training, we will learn all about play schemas - what are they? Why are they important? We will discuss the levels of play schemas and learn about the most common schemas that develop during the early childhood years. When you were younger, do you remember repeating patterns in your play? Participants will share what their experience was growing up

CKA'S: 1, 2, 4

## INTERACTIVE READING ADVENTURE: IGNITING A LOVE FOR BOOKS

There are optimum ways to read a book for children's engagement and enjoyment. In this session, we will explore how to select high-quality literature for children, how to spark delight and captivate children's interest when reading books and discover the benefits of reading books with children.

CKA'S: 1, 3, 4





#### **CHILD-DIRECTED PLAY (INFANT TODDLER)**

This training will explain this approach and how it benefits Infant toddler teachers and the children in their care. During the training, we will also explore ways you can implement this approach into your classroom routines and activities!





This workshop is designed to have open, guided conversations about where in your day you can let go, lose control. Children will appreciate fewer interactions/directions and more autonomy throughout the day. Teachers may find more peace, calm, and an easier flow when they can let go of schedules, timelines, lesson plans and correcting children during social interactions. It can be done AND the children still get everything they need to be successful. This allows the children to guide us in their developmental growth. We will discuss specific scenarios that will look through a lens of control vs. a lens of flow.

CKA'S: 1, 3, 4

### CHOOSE LOVE IMPLEMENTATION - CHOOSE LOVE IS FOR EVERYONE!

Learn how Choosing Love for yourself connects to sharing the Choose Love program with the children and families you work with. Activities, books and Choose Love lessons will be shared to help you begin your Choose Love journey.

CKA'S: 1, 3, 4

#### **EARLY LEARNING STANDARDS**

We will explore the NH Early Learning Standards (ELS) during this training. Learn how the NH ELS can support your work with children in creating environments, planning activities, engaging in intentional conversations, and evaluating observations. Join us as we discover how the NH ELS can be a resource in your program.





### CAREER MAPPING IN THE EARLY CHILDHOOD FIELD

Do you have career goals but are lost on the pathway and don't know how to achieve them?

Join us for a planning session on how to create your roadmap to success! Learn how the DOL Early Childhood Apprenticeship Program and T.E.A.C.H. Scholarship can help you to achieve your goals. Directors will also learn how to support their staff as they set out to advance in their careers while developing quality educators for the early childhood workforce.

CKA'S: 1, 3

#### **CREDENTIAL GUIDANCE**

This training will provide all the information needed to apply for a credential within the NH Early Childhood Professional Development System. We will review the application and all of the parts stated on the credentialing checklist such as professional development plans, PAU's, etc.

CKA: 1





Join us as we explore several movement-based programs that can easily be incorporated into any part of your day. These movements work well during transition time, circle time, and any time young students and teachers need their bodies to move! We will move together and experience Mindful Movements, Havening, Brain Gym, Yoga, Tapping, and Integrated Movements (part of the Brain Gym program).







### PLAYFUL LEARNING: NURTURING YOUNG MINDS IN MATH AND SCIENCE

Centering on purposeful engagement, using the environment as the third teacher, and fostering active exploration, this workshop is dedicated to teaching math and science concepts in the early childhood classroom through hands-on play.

CKA'S: 1, 3, 4

#### **REVIVE AND THRIVE!**

When was the last time you thought, 'What makes me happy? What am I thankful for? How do I bounce back from tough times?' We're all busy, and it's rare to take a breather for some self-reflection. We often put others first, forgetting about our own happiness. In this session, let's explore what inspires you and when you feel your best self.

CKA'S: 1, 2, 3

### R.E.A.C.T: RESPONSE ACTION DRILLS - EMERGENCY PREPAREDNESS TRAINING

Respond, Execute, Apply, Communicate, Train

This training session will provide guidance on how programs can implement response actions and practice drills that will help them prepare for, respond to, and recover from an incident, emergency or major disaster. We will also discuss emergency scenarios that you as a child care center may have experienced.

CKA'S: 1, 4







### CONTINUOUS QUALITY IMPROVEMENT OR CQI

Join us for information and discussion around CQI - Why is it important in child care? What does it take to drive continuous improvement? We will discuss strategies that will support CQI in your program.

CKA'S: 1, 5

#### **GRANITE STEPS FOR QUALITY - OR GSQ**

Granite Steps for Quality is New Hampshire's Quality Recognition and Improvement System (QRIS). Join us for information and discussion about the GSQ system including the standards and why this system is important for children and families as well as for Child Care programs.

**CKA'S: 1, 3** 



#### **NATURE-BASED PLAY**

Playing outdoors and playing with "natural" objects from nature are beneficial to children in many ways. Come and explore how nature plays an important role in developing capacities for creativity, problem-solving, and the development of awareness. It also has clear physical benefits for developing children including gross motor skill development, eye-hand coordination, and setting up the foundation for the love of movement and being outside. Being in the space of the outdoor world also assists children and adults in relieving stress, and anxiety and helps us all to step into presence.







## LET'S PLAY: EXPLORING VROOM AND EARLY LEARNING STANDARDS WITH INFANTS & TODDLERS/PRESCHOOL

This training session combines the NH Early Learning Standards with Vroom to provide hands-on tips that will deepen understanding and implementation of these resources.

Participants will learn how to have meaningful and purposeful conversations with families about child development and use these as family engagement practices. Vroom is an early learning initiative that empowers parents, grandparents, families, and childcare providers to turn everyday moments into brain-building moments with children from birth to five. The New Hampshire Early Learning Standards are a statewide resource for everyone who loves, cares for, and educates young children. The Standards provide essential information to support and enhance children's development and learning.

CKA'S: 1, 2, 3, 4, 5

#### **CHILD-DIRECTED PLAY (PRESCHOOL)**

Child-directed learning encourages children to explore topics meaningful to them. This leads to a state of flow, because they are taking steps into their own learning experiences. When children choose their own topics it naturally lines up with developmentally appropriate practices and their current stage of development.

Join us as we discuss ways for programs to make the shift to Child-Directed learning (and play)

CKA'S: 1, 3, 4

#### TRAUMA-INFORMED AWARENESS & H.O.P.E

Join us as we discuss what "trauma" can look like and how we can create Early Childhood Environments to assist young children (and adults) feel safe and supported. With support in place, children can come into the space where learning can happen. We will also talk about H.O.P.E. - Healthy Outcomes from Positive Experiences.









**= CHILD FOCUSED TRAINING** 



**= ADULT FOCUSED TRAINING** 

#### **CORE KNOWLEDGE AREAS**

- 1. DEVELOPING AS A PROFESSIONAL
- 2. BUILDING FAMILY & COMMUNITY RELATIONSHIPS
- 3. TEACHING & LEARNING
- 4. PROMOTING CHILD GROWTH & DEVELOPMENT
- 5. OBSERVING, DOCUMENTING, & ASSESSING







