

# NASHUA EARLY HEAD START

A program of Southern New Hampshire Services



## Location:

88 Temple St., Nashua NH 03060  
578-1732 / 668-8010 ext.6098

## Communities Served:

Families must live in the city of Nashua to be eligible for services.

**Class Size:** 8 children per classroom/2 staff



**Head Start is a comprehensive child development program designed to foster the healthy development of preschool children and their families.**

### **Child Development Services:**

- Quality preschool education to promote school readiness skills;
- Ongoing developmental screening and assessment to meet the varying needs of children;
- Activities to build social and self-help skills.

### **Health & Nutrition:**

- Work with families to address special health and nutritional needs;
- Provide healthy meals and snacks;
- Health & nutrition screenings.

### **Family Services:**

- Parenting support and education;
- Parent involvement opportunities and social activities;
- Support with access to needed community services.



## Program Options:

**Center Based:** Early Head Start center based offers a caring, nurturing environment for infants and toddlers while parents are working, attending school or completing job training. The center is open Monday through Friday from 7:00am-5:00pm, year round.

**Home Based:** Early Head Start home based supports infant and toddler development through weekly home visits with the child and parent designed to meet the individual needs of each child. Twice monthly socializations offer an opportunity for families and children to build relationships and share information and experiences.

## Staff:

The staff of the Nashua Early Head Start program have over 20 years combined experience working with infants, toddlers and their families. They have degrees in Early Childhood Education, with specialize training and coursework course work in infant and toddler development and care.



**For additional information about the program or to complete an application, call the Nashua Early Head Start program directly at (603) 578-1732 or 1 (800) 322-1073, ext. 6098**