

Manchester Schools Are Out... **FREE SUMMER MEALS ARE IN!**

Helping keep kids connected to nutrition all summer long, Southern New Hampshire Services is once again providing free breakfast, lunch and dinner in several Manchester locations this summer.

The Summer Food Service Program is sponsored by the U.S. Department of Agriculture. The program helps to ensure that at-risk youth eat at least one nutritious meal each day when school lunch programs close for the summer.

- The healthy meals are based on USDA nutrition guidelines
- Families save money when their children participate in the program
- Meals are to be eaten on-site at a safe, fun place where kids can visit with friends



**Open to all
children 18
and younger**
NO Identification Required
NO Cost
NO Enrollment

Join your friends for a free meal at the following Manchester locations this summer!

Free meals are served Monday-Friday, June 18-August 31 (No meals served July 4)

Elmwood Gardens

- 83 Trahan St.
- Breakfast: 9-10am
 - Lunch: 12noon-1pm

SNHS WIC Clinic

- 40 Pine St.
- Breakfast: 8:30am-10am
 - Lunch: 12noon-3:00pm

Manchester P.A.L.

- 409 Beech St.
(June 25-August 31)
- Lunch: 1-2pm

Harriman Park

- Lake Avenue & Hall Streets
- Lunch: 11:30am-12:00pm

Prout Park

- Jewett & Young Streets
- Lunch: 12:45-1:15pm

Hunts Pool

- 297 Maple St.
- Lunch: 1:15-2:15pm

Rock Rimmon Pool

- 249 Mason St.
- Lunch: 1:30-2:30pm

Adventure Park

- 324 Lincon St.
- Dinner: 4:15-4:45pm

Sweeney Park

- 132 Walker St.
- Dinner: 4:15-4:45pm

Kelly Falls Apts.

- 463 Kimball St.
- Dinner: 5-5:30pm

Maple Street Apts.

- 138 Maple St.
- Dinner: 5-5:30pm

Beech Street School Park

- 275 Beech Street
- Dinner: 5:45-6:15pm

Beech Hill Apts.

- 120 Beech Hill St.
- Dinner: 5:45-6:15pm

Center Park

- 22 Beech Hill Dr.
- Lunch: 12-12:30pm
 - Dinner: 5:45-6:15pm

Central High School

- 207 Lowell St.
- Lunch: 12noon-12:30pm

West High School

- 9 Notre Dame Ave.
- Lunch: 12noon-12:30pm

Memorial High School

- 1 Crusader Way
- Lunch: 12noon-12:30pm

Center for New Americans

- 72 Concord St.
(June 25-August 26)
- Lunch: (Mon): 12noon-3pm
 - Dinner (Mon): 4:30-6:30pm
 - Lunch (Thur): 12noon-3pm



This institution is an
Equal Opportunity
Provider

6/12/18

Check on-line at www.SNHS.org for a complete list of summer food locations and times